

# PARENTS: QUESTIONS FOR YOUR TEENS

If you are having a hard time enabling your teen to open up to you this progression and questions can help!

Parents want to know what's going on with their teens and communication about topics like sex can be hard to navigate.

Progressing from 1-4 through these questions are intended to help your teens develop **their own** sexual values in your presence.

## STATE

1

- Location: sit parallel not perpendicular.
- You there to learn not teach. They will already know what you are thinking. Don't teach unless you are asked questions.

## CULTURE

2

- Are your friends dating yet?
- Why are your friends dating?
- If someone asks a person on a date what do people assume that mean?
- Do you think people in your school are sexually active?
- How are people communicating interest in your school?
- How often does your friend group talk about significant other relationships?
- How often does your friend group talk about sex? What kind of things do they talk about?
- How is social media effecting dating? Do people still change their social media status?
- What is the general physical intimacy boundary in your school?

## VALUES

3

- How do you know that your re ready to be physically intimate with someone?
- Who do you talk to about your crushes?
- What is your goal of dating right now?
- What attributes are you attracted to?
- What do you think about the balance between dating and hanging out?
- What is the relationship requirement for a kiss ?
- What responsibilities come with kissing someone?
- What responsibilities come from being sexually active with someone?
- Why do you think that we hide relationships from our parents?
- Who's responsibility is it to provide protection for sex?
- What are some advantages or disadvantages about they way your culture is currently dating?

## INTENTIONS

4

- Do you intend on being in a relationship while in high school?
- What do you think about sexting?
- Who do you have interest in?