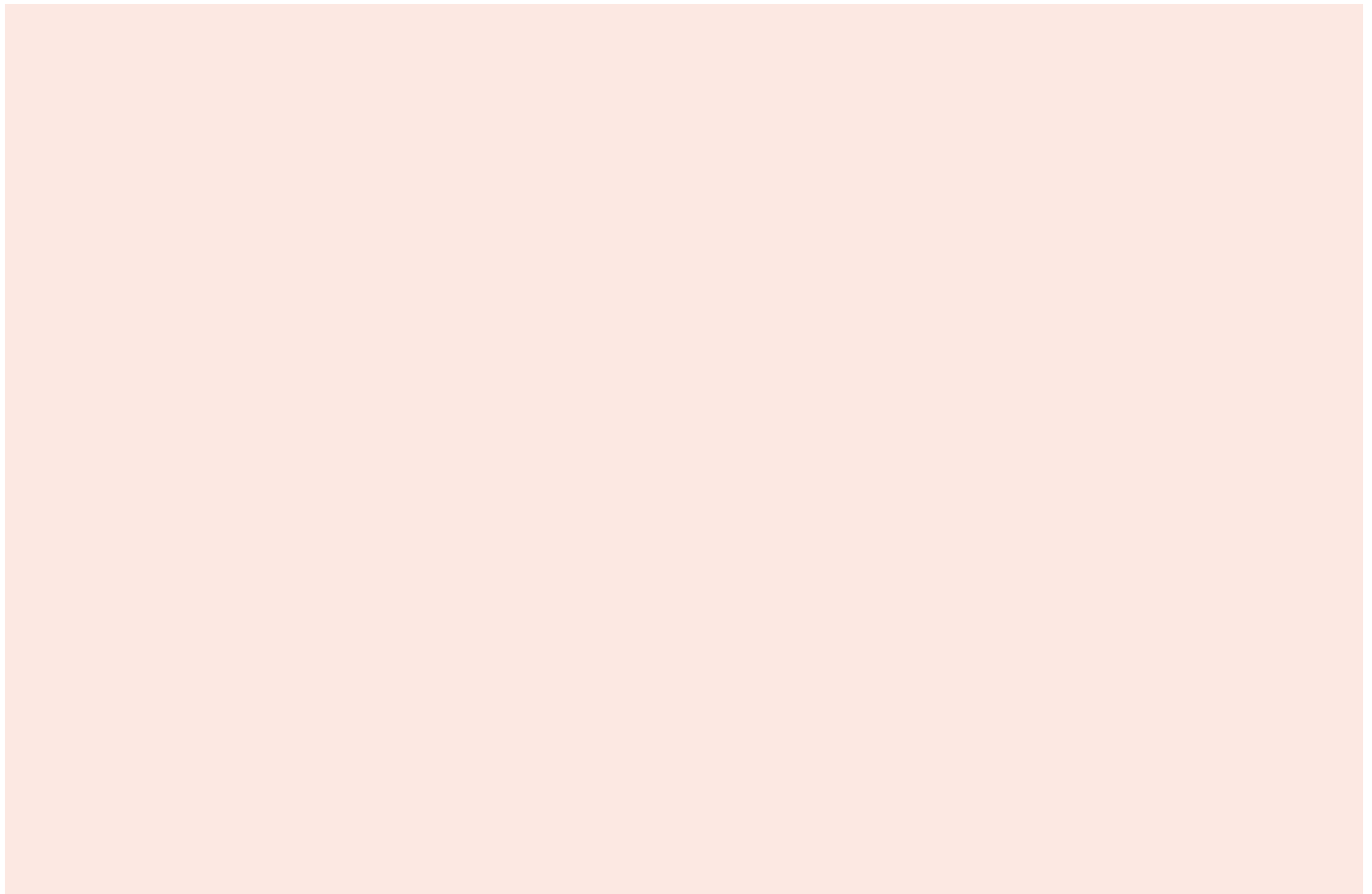


# PORNOGRAPHY AS A SEXUAL EDUCATOR

First Exposure

Novelty

Access Points



# TRACK YOUR DAY

Connection

Objectification

## Real Life Examples of Victory:

- Thinking about intimacy and realizing that it is more than just about a body.
- Recognizing pornography as fake intimacy.
- Progressing from judging or analyzing someone else's body to wondering about who they are as a person. Focusing on the desire to get to know who they are and what qualities they have.



# VICTORY CHART

**Prompt: Trigger**

**Reaction: Thoughts & Emotions**

**Response: What You Choose to Think**

**Setback**

**Avoidance**

**Victory**

**Level 1**

**Level 2**

**Level 3**

WHAT WE CHOOSE TO THINK EVENTUALLY SHAPES OUR REACTIONS.

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WHAT WE CHOOSE TO THINK EVENTUALLY SHAPES OUR REACTIONS.

# USE PROGRESSION

**State:**

**Prompt:**

**Idea:**

**Decision:**

**Plan:**

**Use:**

**State:**

**Prompt:**

**Idea:**

**Decision:**

**Plan:**

**Use:**

# LAW OF CHASTITY

## Don't Do the Don'ts

# Sex in God's Way

# Parent

# Measure Self

The image shows a full page of graph paper. It features a grid of horizontal and vertical dashed blue lines. A single, solid dark teal vertical line runs down the center of the page, dividing it into two equal halves. The background is white, and the lines are evenly spaced. There are no margins or other markings on the page.